

## MEDICATION GUIDE

### Vigabatrin (vye-GA-ba-trin) for Oral Solution, USP

#### What is the most important information I should know about Vigabatrin for oral solution?

Vigabatrin for oral solution can cause serious side effects, including:

- **Permanent vision loss**
- **Magnetic resonance imaging (MRI) changes in babies with infantile spasms (IS)**
- **Risk of suicidal thoughts or actions**

#### 1. Permanent vision loss:

Vigabatrin for oral solution can damage the vision of anyone who takes it. Some people can have severe loss particularly to their ability to see to the side when they look straight ahead (peripheral vision). With severe vision loss, you may only be able to see things straight in front of you (sometimes called “tunnel vision”). You may also have blurry vision. If this happens, it will not get better.

- **Vision loss and use of Vigabatrin for oral solution in adults and children 2 years and older:** Because of the risk of vision loss, Vigabatrin for oral solution is used to treat complex partial seizures (CPS) only in people who do not respond well enough to several other medicines.

#### Tell your healthcare provider right away if you (or your child):

- might not be seeing as well as before starting vigabatrin for oral solution.
- start to trip, bump into things, or are more clumsy than usual.
- are surprised by people or things coming in front of you that seem to come out of nowhere.
- These changes can mean that you (or your child) have damage to your vision.
- It is recommended that your healthcare provider test your (or your child’s) vision (including peripheral vision) and visual acuity (ability to read an eye chart) before you (or your child) start Vigabatrin for oral solution or within 4 weeks after starting Vigabatrin for oral solution, and at least every 3 months after that until Vigabatrin for oral solution is stopped. It is also recommended that you (or your child) have a vision test about 3 to 6 months after Vigabatrin for oral solution is stopped. Your vision loss may get worse after you stop taking Vigabatrin for oral solution.
- Some people are not able to complete testing of vision. Your healthcare provider will determine if you (or your child) can be tested. If you (or your child) cannot complete vision testing, your healthcare provider may continue prescribing Vigabatrin for oral solution, but your healthcare provider will not be able to watch for any vision loss you (or your child) may get.
- Even if your vision (or your child’s vision) seems fine, it is important that you (or your child) get these regular vision tests because vision damage can happen before you (or your child) notice any changes.
- These vision tests cannot prevent the vision damage that can happen with Vigabatrin for oral solution, but they do allow the healthcare provider to decide if you (or your child) should stop Vigabatrin for oral solution if your vision has gotten worse.
- Vision testing may not detect vision loss before it is severe.
- If you do not have these vision tests regularly, your healthcare provider may stop prescribing Vigabatrin for oral solution
- If you drive and your vision is damaged by Vigabatrin for oral solution, driving might be more dangerous, or you may not be able to drive safely at all. Talk about this with your healthcare provider.
- **Vision loss in babies:** Because of the risk of vision loss, Vigabatrin for oral solution is used in babies 1 month to 2 years of age with infantile spasms (IS) only when you and your healthcare provider decide that the possible benefits of Vigabatrin for oral solution are more important than the risks.
  - Parents or caregivers are not likely to recognize the symptoms of vision loss in babies until it is severe. Healthcare providers may not find vision loss in babies until it is severe.
  - It is difficult to test vision in babies, but, to the extent possible, all babies should have their vision tested before starting Vigabatrin for oral solution or within 4 weeks after starting Vigabatrin for oral solution, and every 3 months after that until Vigabatrin for oral solution is stopped. Your baby should also have a vision test about 3 to 6 months after Vigabatrin for oral solution is stopped.
  - Your baby may not be able to be tested. Your healthcare provider will determine if your baby can be tested. If your baby cannot be tested, your healthcare provider may continue prescribing Vigabatrin for oral solution, but your healthcare provider will not be able to watch for any vision loss.

**Tell your healthcare provider right away if you think that your baby is:**

- not seeing as well as before taking Vigabatrin for oral solution
- acting differently than normal
- Even if your baby's vision seems fine, it is important to get regular vision tests because damage can happen before your baby acts differently. Even these regular vision exams may not show the damage to your baby's vision before it is severe and permanent.

**All people who take Vigabatrin for oral solution:**

- You are at risk for permanent vision loss with any amount of Vigabatrin for oral solution
  - Your risk of vision loss may be higher the more Vigabatrin for oral solution you take daily and the longer you take it.
  - It is not possible for your healthcare provider to know when vision loss will happen. It could happen soon after starting Vigabatrin for oral solution or any time during treatment. It may even happen after treatment has stopped.
- Because Vigabatrin for oral solution might cause permanent vision loss, it is available to healthcare providers and patients only under a special program called the Vigabatrin Risk Evaluation and Mitigation Strategy (REMS) Program. Vigabatrin for oral solution can only be prescribed to people who are enrolled in this program. As part of the Vigabatrin REMS Program, it is recommended that your healthcare provider test your (or your child's) vision from time to time (periodically) while you (or your child) are being treated with Vigabatrin for oral solution, and even after you (or your child) stop treatment. Your healthcare provider will explain the details of the Vigabatrin REMS Program to you. For more information, go to [www.VigabatrinREMS.com](http://www.VigabatrinREMS.com) or call 1-866-244-8175.

**2. Magnetic resonance imaging (MRI) changes in babies with infantile spasms:**

Brain pictures taken by magnetic resonance imaging (MRI) show changes in some babies after they are given vigabatrin for oral solution. It is not known if these changes are harmful.

**3. Risk of suicidal thoughts or actions:**

Like other antiepileptic drugs, vigabatrin for oral solution may cause suicidal thoughts or actions in a very small number of people, about 1 in 500 people taking it. Call a healthcare provider right away if you or your child have any of these symptoms, especially if they are new, worse, or worry you:

- thoughts about suicide or dying
- new or worse depression
- feeling agitated or restless
- trouble sleeping (insomnia)
- acting aggressive, being angry, or violent
- an extreme increase in activity and talking (mania)
- attempts to commit suicide
- new or worse anxiety
- panic attacks
- new or worse irritability
- acting on dangerous impulses
- other unusual changes in behavior or mood

Suicidal thoughts or actions can be caused by things other than medicines. If you or your child have suicidal thoughts or actions, your healthcare provider may check for other causes.

**How can I watch for early symptoms of suicidal thoughts and actions?**

- Pay attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings.
- Keep all follow-up visits with your healthcare provider as scheduled.
- Call your healthcare provider between visits as needed, especially if you are worried about symptoms.
- **Do not stop Vigabatrin for oral solution without first talking to a healthcare provider.**
- Stopping Vigabatrin for oral solution suddenly can cause serious problems. Stopping a seizure medicine suddenly can cause seizures that will not stop (status epilepticus) in people who are being treated for seizures.

### **What is vigabatrin for oral solution?**

- Vigabatrin for oral solution is a prescription medicine used along with other treatments to treat adults and children 2 years and older with complex partial seizures (CPS) if:
  - the CPS do not respond well enough to several other treatments, **and**
  - you and your healthcare provider decide the possible benefit of taking Vigabatrin for oral solution is more important than the risk of vision loss.Vigabatrin for oral solution should not be the first medicine used to treat CPS.
- Vigabatrin for oral solution is also used to treat babies 1 month to 2 years of age who have infantile spasms (IS) if you and your healthcare provider decide the possible benefits of taking Vigabatrin for oral solution are more important than the possible risk of vision loss.

### **What should I tell my healthcare provider before starting vigabatrin for oral solution?**

**If you or your child has CPS, before taking Vigabatrin for oral solution tell your healthcare provider about all of your medical conditions, including** if you or your child:

- have or had an allergic reaction to Vigabatrin for oral solution, such as hives, itching, or trouble breathing.
- have or had any vision problems.
- have or had any kidney problems.
- have or had low red blood cell counts (anemia).
- have or had any nervous or mental illnesses, such as depression, mood problems, thoughts of suicide, or attempts at suicide.
- are breastfeeding or planning to breastfeed. Vigabatrin can pass into breast milk and may harm your baby. Talk to your healthcare provider about the best way to feed your baby if you take Vigabatrin for oral solution.
- are pregnant or plan to become pregnant. Vigabatrin for oral solution can cause harm to your unborn baby. You and your healthcare provider will have to decide if you should take Vigabatrin for oral solution while you are pregnant.

#### **Pregnancy Registry:**

If you become pregnant while taking Vigabatrin for oral solution, talk to your healthcare provider about registering with the North American Antiepileptic Drug Pregnancy Registry. You can enroll in this registry by calling 1-888-233-2334. Information on the registry can also be found at the website <http://www.aedpregnancy.org/>. The purpose of this registry is to collect information about the safety of antiepileptic medicine during pregnancy.

**If you are a parent or caregiver whose baby has IS, before giving Vigabatrin to your baby, tell your healthcare provider** about all of your baby's medical conditions, including if your baby has or ever had:

- an allergic reaction to Vigabatrin, such as hives, itching, or trouble breathing
- any vision problems
- any kidney problems

**Tell your healthcare provider about all the medicines you or your child take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Vigabatrin and other medicines may affect each other causing side effects.

### **How should I take Vigabatrin for oral solution?**

- Vigabatrin for oral solution comes as packets containing powder for mixing with water to make an oral solution.
- You or your child will receive Vigabatrin for oral solution from a specialty pharmacy.
- Take Vigabatrin for oral solution exactly as your healthcare provider tells you to. Vigabatrin for oral solution is usually taken 2 times each day.
- Vigabatrin for oral solution may be taken with or without food.
- Before starting to take Vigabatrin for oral solution, talk to your healthcare provider about what you or your child should do if a Vigabatrin for oral solution dose is missed.
- If you or your child are taking Vigabatrin for oral solution for CPS and the seizures do not improve enough within 3 months, your healthcare provider will stop prescribing Vigabatrin for oral solution.
- If your child is taking Vigabatrin for oral solution for IS and the seizures do not improve within 2 to 4 weeks, your healthcare provider will stop prescribing Vigabatrin for oral solution
- **Do not stop taking Vigabatrin for oral solution suddenly.** This can cause serious problems. Stopping Vigabatrin or any seizure medicine suddenly can cause seizures that will not stop (status epilepticus) in

people who are being treated for seizures. You should follow your healthcare provider's instructions on how to stop taking Vigabatrin for oral solution.

- **Tell your healthcare provider right away about any increase in seizures when Vigabatrin for oral solution treatment is being stopped.** Before your child starts taking Vigabatrin for oral solution, speak to your child's healthcare provider about what to do if your baby misses a dose, vomits, spits up, or only takes part of the dose of Vigabatrin for oral solution.
- **Do not stop taking Vigabatrin for oral solution without talking to your healthcare provider.** If Vigabatrin for oral solution improves your (or your child's) seizures, you and your healthcare provider should talk about whether the benefit of taking Vigabatrin is more important than the risk of vision loss, and decide if you (or your child) will continue to take Vigabatrin.
- If you are giving Vigabatrin for oral solution to your child, it can be given at the same time as their meal. **Vigabatrin for oral solution powder should be mixed with water only.**
- See "Instructions for Use" for detailed information about how to mix and give Vigabatrin for oral solution to your child the right way.

#### **What should I avoid while taking vigabatrin?**

Vigabatrin causes sleepiness and tiredness. Adults taking vigabatrin should not drive, operate machinery, or perform any hazardous task, unless you and your healthcare provider have decided that you can do these things safely.

#### **What are the possible side effects of vigabatrin?**

**Vigabatrin can cause serious side effects, including:**

- See "What is the most important information I should know about vigabatrin?"
- **sleepiness and tiredness.** See "What should I avoid while taking vigabatrin?"
- **Vigabatrin may cause your baby to be sleepy.** Sleepy babies may have a harder time suckling and feeding, or may be irritable.
- **weight gain that happens without swelling.**

The following serious side effects happen in **adults**. It is not known if these side effects also happen in babies who take vigabatrin.

- **low red blood cell counts (anemia).**
- **nerve problems.** Symptoms of a nerve problem can include numbness and tingling in your toes or feet. It is not known if nerve problems will go away after you stop taking vigabatrin for oral solution.
- **swelling.**

**If you or your child has CPS, vigabatrin for oral solution may make certain types of seizures worse. Tell your healthcare provider right away if your (or your child's) seizures get worse.**

The most common side effects of vigabatrin for oral solution in **adults** include blurred vision, sleepiness, dizziness, problems walking or feeling uncoordinated, shaking (tremor), and tiredness.

The most common side effects of vigabatrin for oral solution in **children 3 to 16 years of age** is weight gain.

Also expect side effects like those seen in adults.

#### **If you are giving Vigabatrin for oral solution to your baby for IS:**

Vigabatrin for oral solution may make certain types of seizures worse. You should tell your baby's healthcare provider right away if your baby's seizures get worse. Tell your baby's healthcare provider if you see any changes in your baby's behavior.

The most common side effects of Vigabatrin for oral solution in **babies** include:

- sleepiness - Vigabatrin for oral solution may cause your baby to be sleepy. Sleepy babies may have a harder time suckling and feeding, or may be irritable.
- swelling in the bronchial tubes (bronchitis)
- ear infection
- irritability

Tell your healthcare provider if you or your child have any side effect that bothers you or that does not go away. These are not all the possible side effects of Vigabatrin for oral solution.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**How should I store Vigabatrin for oral solution?**

- Store Vigabatrin for oral solution packets at room temperature between 68°F to 77°F (20°C to 25°C).

**Keep Vigabatrin for oral solution and all medicines out of the reach of children.**

**General information about the safe and effective use of Vigabatrin for oral solution?**

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. You can ask your pharmacist or healthcare provider for information about Vigabatrin for oral solution that is written for health professionals. Do not use Vigabatrin for oral solution for a condition for which it was not prescribed. Do not give Vigabatrin for oral solution to other people, even if they have the same symptoms that you have. It may harm them.

**What are the ingredients in Vigabatrin for oral solution?**

**Active Ingredient:** vigabatrin, USP

**Inactive Ingredients:** povidone

This Medication Guide has been approved by the U.S. Food and Drug Administration.

Marketed by:

Granules Pharmaceuticals Inc.,

Chantilly, VA 20151

Revised: 11/2021

## INSTRUCTIONS FOR USE

### Vigabatrin (vye-GA-ba-trin) for oral solution

Read this Instructions for Use before your child starts taking vigabatrin for oral solution and each time you get a refill. There may be new information. This information does not take the place of talking with your healthcare provider about your child's medical condition or treatment. Talk to your healthcare provider if you have any questions about the right dose of medicine to give your child or how to mix it.

#### Important Note:

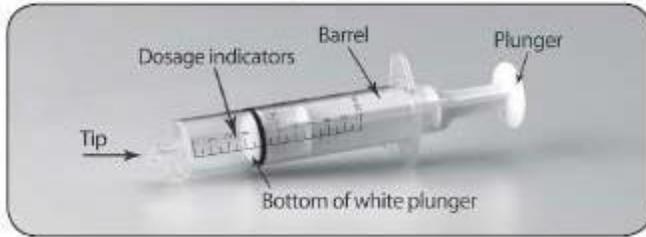
- Vigabatrin for oral solution comes in a packet
- Each packet contains 500 mg of vigabatrin for oral solution powder
- **Vigabatrin for oral solution powder must be mixed with water only.** The water may be cold or at room temperature.
- Your healthcare provider will tell you:
  - how many packets of vigabatrin for oral solution you will need for each dose
  - how many milliliters (mL) of water to use to mix one dose of vigabatrin for oral solution
  - how many milliliters (mL) of the powder and water mixture you will need for each dose of medicine
- Vigabatrin for oral solution should be given right away after it is mixed
- Use the oral syringes, provided by the pharmacy, to measure and give the correct dose. Do not use a household teaspoon or tablespoon

#### Supplies you will need to mix 1 dose of vigabatrin for oral solution:



- The number of packets of vigabatrin for oral solution needed for each dose
- 2 clean cups: 1 for mixing and 1 for water. The cup used for mixing vigabatrin for oral solution should be clear so you can see if the powder is dissolved
- Water to mix with the vigabatrin for oral solution powder
- One small 3 mL oral syringe and one large 10 mL oral syringe which are provided by the pharmacy
- Small spoon or other clean utensil to stir the mixture
- Scissors

### Oral syringe detail



**Step 1:** Start with **1** of the empty cups and the total number of packets you will need for 1 dose.

**Step 2:** Before you open the packet, tap it to settle all the powder to the bottom of the packet.

**Step 3:** Use a pair of scissors to cut open the vigabatrin for oral solution packet along the dotted line.

**Step 4:** Empty the entire contents of the vigabatrin for oral solution packet into **1** of the clean empty cups (see Figure A).



**Figure A**

- Repeat steps 2 to 4 above to open all of the packets needed for 1 dose of vigabatrin for oral solution.

**Step 5:** Take the **second** cup and fill it half way with water (see Figure B).

**Do not** mix vigabatrin for oral solution with anything other than water.



**Figure B**

- You will use the **larger** oral syringe (10 mL) to draw up the water needed to mix with the powder from the packets. **You will need 10 mL of water for each packet vigabatrin for oral solution.**

For example:

- If you are using 1 packet of vigabatrin for oral solution, you will need to use 10 mL of water (fill the 10 mL oral syringe 1 time)
- If you are using 2 packets of vigabatrin for oral solution, you will need to use 20 mL of water (fill the 10 mL oral syringe 2 times)
- If you are using 3 packets of vigabatrin for oral solution, you will need to use 30 mL of water (fill the 10 mL oral syringe 3 times)

**Step 6:** Use the 10 mL oral syringe to draw up 10 mL of water. To do this, put the **tip** of the oral syringe all the way into the water in your cup. Then pull the plunger up towards you until the edge of the plunger is at the 10 mL line on the barrel of the oral syringe (see Figure C).



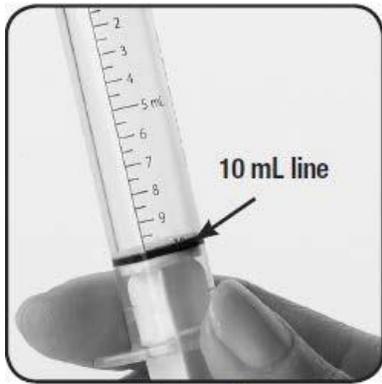
**Figure C**

- If you see bubbles of air in the oral syringe after drawing up the water, turn the oral syringe so the tip is pointing up (see Figure D). The air will move to the top of the oral syringe. Pull the plunger back towards you and then push it back gently into the oral syringe to get rid of the bubbles. Tiny bubbles are normal.



**Figure D**

**Step 7:** Check the oral syringe to make sure it is filled with water up to the 10 mL line (see Figure E).



**Figure E**

**Step 8:** Get the second cup that contains the vigabatrin for oral solution needed for your dose.

**Step 9:** Hold the 10 mL oral syringe that is filled with water with the tip pointing down over the vigabatrin for oral solution.

**Step 10:** Slowly push the oral syringe plunger all the way down to empty the water from the oral syringe straight into the cup containing the vigabatrin for oral solution (see Figure F).



**Figure F**

**Repeat steps 6 through 10 until all of the water that is needed to mix 1 dose of vigabatrin for oral solution has been added to the cup containing the powder.**

**Step 11:** Stir the mixture with the small spoon or other clean utensil until the solution is clear (see Figure G). This means that all of the powder is dissolved and ready for use.



**Figure G**

- To give a dose of vigabatrin for oral solution to your child, you should use the oral syringe to draw up the total number of mLs of the mixture that your healthcare provider tells you to.
  - If you are giving **3 mL or less** of the mixture, use the smaller 3 mL oral syringe.
  - If you are giving **more than 3 mL** of the mixture, use the larger 10 mL oral syringe (this is the oral syringe that you just used to add the water).

**Step 12:** Put the **tip** of the oral syringe all the way into the mixture. Pull the plunger up towards you to draw up the mixture. Stop when the edge of the plunger lines up with markings on the barrel of the oral syringe that matches the number of mLs of mixture your healthcare provider told you to give (see Figure H).



**Figure H**

- If you see bubbles of air in the oral syringe after drawing up the mixture, turn the oral syringe so the tip is pointing up (see Figure I). The air will move to the top of the oral syringe. Pull the plunger back towards you and then gently push it back in the oral syringe in order to get rid of the bubbles. Tiny bubbles are normal.



**Figure I**

**Step 13:** Place the tip of the oral syringe into your child's mouth and point the oral syringe towards either cheek (see Figure J). Push on the plunger slowly, a **small amount at a time**, until all of the mixture in the oral syringe is given.



**Figure J**

- If the dose you are giving your child is more than 10 mLs, repeat steps 12 and 13 until you give the total dose of mixture prescribed by your healthcare provider.

**Step 14:** Throw away any mixture that is left over. **Do not** save or reuse any leftover mixture.

**Step 15:** Wash the oral syringes and mixing cups in warm water. To clean the oral syringes, remove the plunger by gently pulling it straight out of the barrel. The barrel and plunger can be hand washed with soap and water, rinsed, and allowed to dry.

This Instructions for Use has been approved by the U.S. Food and Drug Administration.

Marketed by:  
Granules Pharmaceuticals Inc.,  
Chantilly, (VA) 20151

Revised: 11/2021